

Nashua Martial Arts Center Class Schedule

Effective 3/1/08

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Dragons 4:15 - 5:00		Little Dragons 4:15 - 5:00			
Basic 5:00 - 5:45 Basic Black Belt 5:45 - 6:00	Intermediate Black Belt 4:45 - 5:45 Intermediate Masters 5:45 - 6:00	Basic 5:00 - 5:45 Basic Black Belt 5:45 - 6:00	Intermediate Black Belt 4:45 - 5:45 Intermediate Masters 5:45 - 6:00	Basic 5:15 - 6:00 Basic Black Belt 6:00 - 6:15	Basic 10:00 - 10:45 Basic Black Belt 10:45 - 11:00
Intermediate Black Belt 6:00 - 6:45 Intermediate Masters 6:45 - 7:00	Advanced Black Belt 6:00 - 6:45 Advanced Masters 6:45 - 7:00	Intermediate Black Belt 6:00 - 6:45 Intermediate Masters 6:45 - 7:00	Basic 6:15 - 6:45 Basic Black Belt 6:45 - 7:00	Intermediate Black Belt 6:15 - 7:00 Intermediate Masters 7:00 - 7:15	Intermediate Black Belt 11:00 - 11:45 Intermediate Masters 11:45 - 12:00
Basic 7:15 - 7:45 Basic Black Belt 7:45 - 8:00 Open Training for Advanced Black Belt 7:00 - 8:15	Basic 7:15 - 7:45 Basic Black Belt 7:45 - 8:00	Advanced Black Belt 7:15 - 8:00 Advanced Masters 8:00 - 8:15	Masters Intermediate & Advanced 7:15 - 8:00	Open Training 7:15 - 8:15	Advanced Black Belt 12:15 - 1:00 Advanced Masters 1:00 - 1:15
Five Element Advanced Degree Masters 8:15 - 9:15 Open Training for Intermediate Black Belt 8:15 - 9:15	Intermediate Black Belt 8:00 - 8:45 Intermediate Masters 8:45 - 9:00	Certified Instructor Training 8:15 - 9:15	Five Element Advanced Degree Masters 8:15 - 9:15		

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