

Needham Martial Arts Center

Class Schedule

Effective 8/31/09

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tai Chi 1:15 - 2:00pm		Tai Chi 1:15 - 2:00pm	Open Training 1:15 - 2:00pm	
	Tiny Tigers 2:15 - 3:00pm	Tiny Tigers 2:00 - 2:45pm			
Little Dragons 3:15 - 4:00	Little Dragons 3:15 - 4:00	Little Dragons 3:15 - 4:00	Little Dragons 3:15 - 4:00	Little Dragons 3:15 - 4:00	
Basic 4:00 - 4:45 Basic Black Belt 4:45 - 5:00	Intermediate Black Belt 4:00 - 5:00 Intermediate Masters 5:00 - 5:15	Basic 4:00 - 4:45 Basic Black Belt 4:45 - 5:00	Instructor Training 4:15 - 5:15	Basic 4:00 - 4:45 Basic Black Belt 4:45 - 5:00	Basic 9:30 - 10:15 Basic Black Belt 10:15 - 10:30
Intermediate Black Belt 5:00 - 6:00 Intermediate Masters 6:00 - 6:15	Advanced Black Belt 5:30 - 6:15 Advanced Masters 6:15 - 6:30	Intermediate Black Belt 5:00 - 6:00 Intermediate Masters 6:00 - 6:15	Advanced Black Belt 5:30 - 6:15 Advanced Masters 6:15 - 6:30	Intermediate Black Belt 5:00 - 6:00 Intermediate Masters 6:00 - 6:15	Intermediate Black Belt 10:30 - 11:30 Intermediate Masters 11:30 - 11:45
Advanced Black Belt 6:30 - 7:15 Advanced Masters 7:15 - 7:30	Basic 6:45 - 7:15 Basic Black Belt 7:15 - 7:30	Advanced Black Belt 6:30 - 7:15 Advanced Masters 7:15 - 7:30	Basic 6:45 - 7:15 Basic Black Belt 7:15 - 7:30	Monthly Masters Test Preparation 6:30 - 7:30	Advanced Black Belt 11:50 - 12:40 Advanced Masters 12:40 - 1:00
2 nd - 5 th Degree Advanced Masters 7:35 - 8:50	Intermediate Black Belt 7:45 - 8:30 Intermediate Masters 8:30 - 8:45	2 nd - 5 th Degree Advanced Masters 7:35 - 8:50	Intermediate Black Belt 7:45 - 8:30 Intermediate Masters 8:30 - 8:45	9/18/09 3/19/10 10/16/09 4/16/10 11/20/09 5/21/10 12/11/09 6/11/10 1/22/10 July-None 2/19/10 Aug-None	2 nd - 5 th Degree Advanced Masters 1:00 - 2:15pm

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